

UNWRAPPED & REFILL

Product List: Food & Drink



June 2025

Cereals

- Jumbo Oats
- Porridge Oats
- **GF** Oats
- Muesli Base
- Crunchy Muesli
- Apricot Muesli
- Coconut Muesli
- Honey Clusters
- Tropical Granola
- Berry Granola
- Nutty Crunch Granola
- Fruit & Fibre
- Bran Flakes
- Barley Flakes

Sugars

- Granulated Sugar
- White Caster Sugar
- Golden Caster Sugar
- Demerara Sugar
- Dark Brown Soft Sugar
- Light Brown Soft Sugar
- Icing Sugar
- Coconut Sugar

Baking

- Plain Flour
- Self Raising Flour
- Bread Flour
- Wholemeal Flour
- Bicarbonate of Soda
- Baking Powder
- Cornflour
- Cream of Tartar
- Cocoa Powder
- Quick Yeast
- Semolina
- Rice Flour **GF**
- Gram Flour **GF**
- **GF** Plain Flour
- **GF** Self Raising Flour
- **GF** White Bread Flour

Pasta

- Fusilli
- Macaroni
- Penne (White/Brown)
- Conchiglie (Shells)
- Linguine (White/Brown)
- Spaghetti (White/Brown)
- Lasagna Sheets
- Egg Noodles
- Malloreddos (Little Shells)
- Casarecce **O**
- Orzo
- **GF** Conchighlie (Shells)
- **GF** Penne
- **GF** Lasagne Sheets

Key: **GF** = Gluten Free | **O** = Organic | **VF** = Vegan friendly

Rice & Grains

- **Jasmine** {White, Brown **O**}
- **Basmati** {White/Brown}
- **Long Grain** {White/Brown}
- **Short Grain** {White/Brown}
- **Arborio**
- **Pudding Rice**
- **Quinoa**
- **Bulgur Wheat**
- **Couscous**
- **Polenta**
- **Pearl Barley**
- **Buckwheat**

Pulses & Beans

- **Butter Beans**
- **Cannellini Beans**
- **Chickpeas**
- **Yellow Split Peas**
- **Puy Lentils**
- **Green Lentils**
- **Red Lentils**
- **Beluga** {Black} **Lentils**

Nuts

- **Brazil Nuts**
- **Cashews**
- **Cajun/Tandoori Cashews**
- **Hazelnuts**
- **Almonds**
- **Flaked Almonds**
- **Ground Almonds**
- **Mixed Nuts**
- **Pecans**
- **Pistachios** {Salted/Shelled}
- **Pine Nuts**
- **Nut Brittle** **VF**
- **Blanched Peanuts**
- **Salted Peanuts**
- **Dry Roasted Peanuts**
- **Milk Chocolate Peanuts**
- **Yoghurt Peanuts**
- **Salted Caramel Peanut Clusters**
- **Dark/Milk Chocolate Brazil Nuts**

Seeds

- **Chia Seeds**
- **Hemp Seeds**
- **Brown Linseed** {Flaxseed}
- **Mixed Seeds**
- **Poppy Seeds**
- **Pumpkin Seeds**
- **Sesame Seeds**
- **Sunflower Seeds**

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Dried Fruit

- **Dessicated Coconut**
- **Coconut Chips**
- **Currants**
- **Glacé Cherries**
- **Mixed Peel**
- **Figs**
- **Orange Slices**
- **Prunes**
- **Apple Rings**
- **Dates**
- **Medjoul Dates**
- **Banana Chips**
- **Cranberries**
- **Mango**
- **Sultanas**
- **Jumbo Raisins**
- **Apricots**
- **Unsulphured Apricots**
- **Pear Halves**
- **Yoghurt Cranberry**
- **Yoghurt Ginger**
- **Yoghurt Raisins**
- **Yoghurt Banana**
- **Yoghurt Apricot**
- **Papaya**
- **Blueberries**
- **Goji Berries**
- **Crystallised Ginger**
- **Pineapple**
- **Mixed Fruit**

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Pick & Mix

- **Big Lips VF**
- **Bon Bons** (all **VF**)
 - Apple
 - Lemon
- **Bubblegum Mermaids VF**
- **Cola Bottles VF**
- **Fizzy** (all **VF**)
 - Bears
 - Cherry Cola Bottles
 - Cola Bottles
 - Dummies
 - Mix
 - Raspberries
- **Flying Saucers VF**
- **Fruit Jellies VF**
- **Fudge** (all **VF**)
 - Chocolate Orange
 - Salted Caramel
 - Strawberries & Cream
 - Vanilla
- **Funky Fruits VF**
- **Giant Strawberries VF**
- **Jelly Beans VF**
- **Marshmallows VF**
- **Peach Rings VF**
- **Raspberry Coconut Ice VF**
- **Sour Dummies VF**
- **Space Mix VF**
- **Strong Mints VF**
- **Tongue Painters VF**
- **Turkish Delight VF**
- **Twin Cherries VF**
- **Mini Meringues**
- **Milk/Dark Choc Honeycomb**
- **Milk/Dark Choc Ginger**
- **Milk Chocolate Raisins**

Chocolate & Snacks

- **Chocolate Chips**
- **Temprd**
 - Coconut Caramel Crunch Milk Choc
 - Decadent Dark 55% **VF**
 - Dark Ginger 55% **VF**
 - Dark Honeycomb 55% **VF**
 - Dark Peppermint 55% **VF**
 - Espresso & Walnut 55% **VF**
 - Orange Crisp Milk Choc
 - Peanut Butter & Pistachio Milk Choc
 - Sea Salt & Caramel Milk Choc
- **Tony's Chocolonely**
 - 70% Dark
 - Creamy Hazelnut Crunch
 - Dark Almond Sea Salt **VF**
 - Everything Bar
 - Milk
 - Milk Rice Crispy Caramel
- **Chilli Rice Crackers**
- **Bombay Mix**
- **Paprika Twists**
- **Popcorn Kernels**
- **Pretzels**
- **Sea Salt Crisps**
- **Two Farmers Crisps**
 - Lightly Salted **VF**
 - Salt & Cider Vinegar **VF**
 - Mushroom & Wild Garlic **VF**
 - Hop Cheese & Onion
- **Vegetable Crisps**

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Herbs & Salts

- Basil
- Bay Leaves
- Dill
- Fennel Seeds
- Garlic Granules
- Mixed Herbs
- Onion Powder
- Oregano
- Parsley
- Rosemary
- Sage
- Tarragon
- Thyme
- Maldon Sea Salt Flakes
- Suffolk Sea Salt (Rock)
- Table Salt

Oil & Vinegar

- Apple Cider Vinegar **O**
- Balsamic Vinegar **O**
- Red Wine Vinegar
- White Wine Vinegar
- Extra Virgin Olive Oil
- Cold Pressed Rapeseed Oil
- Sesame Oil
- Soy Sauce

Spices

- All Purpose Seasoning
- All Spice
- Black Peppercorns
- Cajun
- Cardamom Pods
- Cayenne
- Chilli Flakes
- Chilli Powder
- Chinese Five Spice
- Cinnamon (Ground/Sticks)
- Cloves (Ground/Whole)
- Coriander (Ground/Leaf/Seed)
- Cumin (Ground/Seed)
- Curry Leaves
- Curry Powder
 - Madras
 - Medium
 - Hot
- Garam Masala
- Ginger (Ground)
- Harissa
- Mixed Spice
- Mustard (Seeds, Powder)
- Nigella Seeds (Black Onion)
- Nutmeg (Ground/Whole)
- Paprika
- Piri Piri
- Ras El Hanout
- Smoked Paprika
- Star Anise
- Sumac
- Turmeric
- Za'atar

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Drinks

- **Coffeelink Coffee Beans**
 - Colombia Caturra de Altura
 - Honduras Santa Barbara
 - Costa Rica Tarrazu
 - Ethiopia Yirgacheffe
 - Espresso Blend
 - Swiss Water Decaff (Colombia)
- **Percol Jar** (Colombia/Decaff)
- **Tealicious Tea**
 - Assam
 - Berry
 - Breakfast Blend
 - British Brew
 - Chamomile
 - Decaff
 - Earl Grey
 - Herts Delight (for Hard Water)
 - Peppermint
- **Suffolk Blend 2-cup Teabags**
- **Harry's Hot Chocolate**
 - 70% / 50% / 44%
 - Orange 44%
 - Mint 44%
 - White Chocolate (Tin)
- **Malted Drink**
- **Cawston Pressé**
 - Cloudy Lemonade
 - Apple
- **Fentimans**
 - Curiosity Cola
 - Rose Lemonade
- **Rocks Cordial**
 - Summer Fruits
 - Orange
 - Blackcurrant

Frozen

- **Pastries**
 - Plain Croissant **VF**
 - Blueberry Croissant **VF**
 - Pain Au Chocolat **VF**
 - Raspberry Croissant **VF**
- **Raspberries**
- **Strawberries**
- **Quorn Buttermilk Chicken** **VF**
- **Cornish Pasty** **VF**
- **Sausage Roll** **VF**
- **Sausages** **VF**
- **Chips**
- **Waffle Fries**
- **Sweet Potato Fries**
- **Hash Browns**
- **Peas**
- **Pre-fried Onions**
- **Spinach Leavess**
- **Lickety Ice Twist**
 - Strawberry Milk
 - Choco Milk
 - Raspberry Ripple
- **Lickety Ice Lolly**
 - Orange & Grapefruit **VF**
 - Raspberry Lychee Rose **VF**
 - Strawberry Vanilla Passionfruit **VF**
 - Mint Chocolate Shard
 - Rhubarb & Custard
 - Strawberry Cheesecake
 - Vanilla Shard

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Jars

- **Almond Butter** (Smooth/Crunchy)
- **Peanut Butter** (Smooth/Crunchy)
- **Honey**
- **Mayonnaise** (all **VF**)
 - Plain
 - Sriracha
 - Smoked Garlic
- **Ketchup**
- **Coconut Oil**
- **Miso Paste** (Brown Rice)
- **Malt Extract**
- **Pesto** (Red/Green) **VF**
- **Passata** **O**
- **Vecon Vegetable Stock**
- **Tahini**
- **Tofu**
- **Baked Beans** **O**
- **Butter Beans** **O**
- **Chickpeas** **O**
- **Sweetcorn** **O**

Tins

- **Coconut Milk**
- **Brown Lentils**
- **Baked Beans**
- **Mutti Finely Chopped Tomatoes**
- **Chickpeas**
- **Kidney Beans**
- **Mixed Beans**
- **Black Beans**
- **Baked Beans & Sausages** **VF**
- **Tomato Puree** (tube)

Store Cupboard

- **Breadcrumbs**
- **Gravy**
- **Vegetable Bouillon**
- **Nutritional Yeast**
- **Sundried Tomatoes**
- **Vital Wheat Gluten**
- **Stuffing Mix**
- **Crispy Onions**
- **TVP Mince** **VF**
- **Vegetable Suet**
- **Dried Mushrooms**
- **Custard Powder**

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Address

Unwrapped & Refill
715 Woodbridge Road
Ipswich, Suffolk
IP4 4NB

Opening Hours

- **Tuesday to Saturday**
 10am - 12.30pm | 1pm to 5pm
- **Sunday: CLOSED**
- **Monday: CLOSED**

Transport

- **Bicycle**
 Two slots at the front
- **Bus**
 First Buses 63, 64, 65, 66A, 66
- **Car (free parking)**
 Bays at front (30 mins)
 Kirby Street (on-street)
 Phoenix Road (on-street)
 Lattice Lodge (Tue-Fri only with
 an U&R card on display)

Contact

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